

# Brett, Charity Sophia Rutland

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English

Describing Archives: A Content Standard

University Libraries Division of Special Collections, The University of Alabama

Box 870266

Tuscaloosa 35487-0266

[archives@ua.edu](mailto:archives@ua.edu)

URL: <http://www.lib.ua.edu/>

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## Summary Information

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<b>Repository:</b>	University Libraries Division of Special Collections, The University of Alabama
<b>Creator:</b>	Brett, Charity Sophia Rutland
<b>Title:</b>	Charity Sophia Rutland Brett commonplace book
<b>ID:</b>	MSS.0206
<b>Date [inclusive]:</b>	1851-1856
<b>Physical Description:</b>	0.1 Linear Feet (1 item)
<b>Language of the Material:</b>	English
<b>Abstract:</b>	Mid-nineteenth-century combination cookbook and scrapbook that includes a "Cure for Cancer," a "New broth for the sick," and a "remedy for cholera," among others.

### Preferred Citation

Charity Sophia Rutland Brett commonplace book, University Libraries Special Collections, The University of Alabama.

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## Biographical / Historical

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Charity Sophia Rutland, daughter of Rutherford and Christian Stevenson Rutland, was born on 23 April 1825, in Wilson, Tennessee. She married Alexander Brett (1815-1881); they couple had five children: (1) Rutland (1858-1858); (2) Jeffella (1862-1936); (3) Sarah (1864-1880); (4) Jordon Rutherford (1867-1936); and (5) Frances (1870-1880). She died on 2 September 1881.

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## Scope and Contents

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The collection contains a mid-nineteenth-century cookbook and extracts from scrapbook of Mrs. Alexander (Charity Sophia) Brett. Includes a "Cure for Cancer," a "New broth for the sick," a "remedy for cholera," etc.

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## Administrative Information

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### Publication Statement

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### Processed by

unknown, 2008; updated by Martha Bace, 2012

### Provenance

unknown

### Conditions Governing Access

None

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## Controlled Access Headings

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- Health, Medicine and Welfare
- Books and Book History

- Disease
- Women -- Alabama
- Cooking, American -- Southern style
- Account books
- Scrapbooks
- Daily Life and Family
- Brett, Charity Sophia Rutland

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## General

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To provide faster access to our materials, this finding aid was published without formal and final review. Email us at [archives@ua.edu](mailto:archives@ua.edu) if you find mistakes or have suggestions to make this finding aid more useful for your research.

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## Collection Inventory

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Title/Description	Instances
Commonplace Book	box 18